

- Metronome at ♩ = 60
- Use good posture.
- Always take good breaths.
- Say the exercise first (tu), then play it.
- All notes tongued!

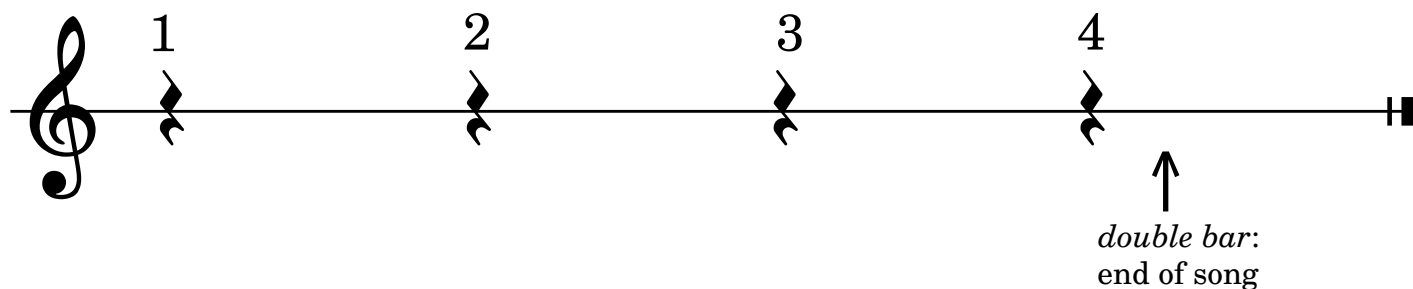
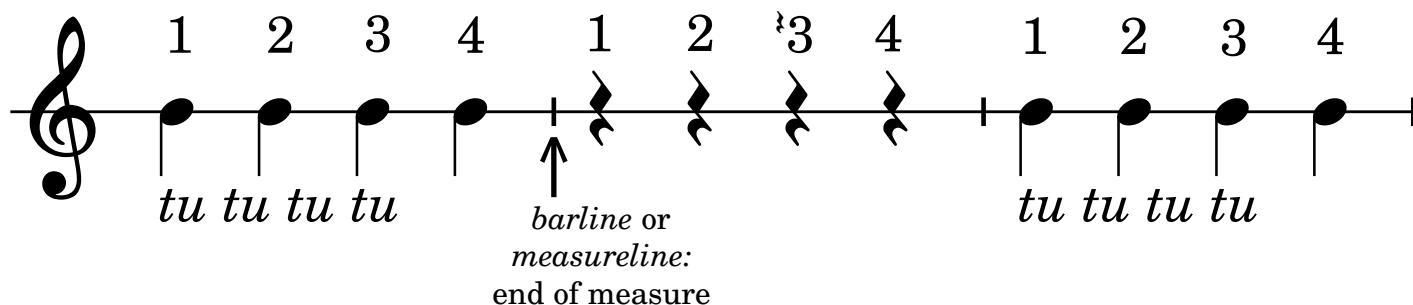
Headjoint Exercises

Shahid Osuna

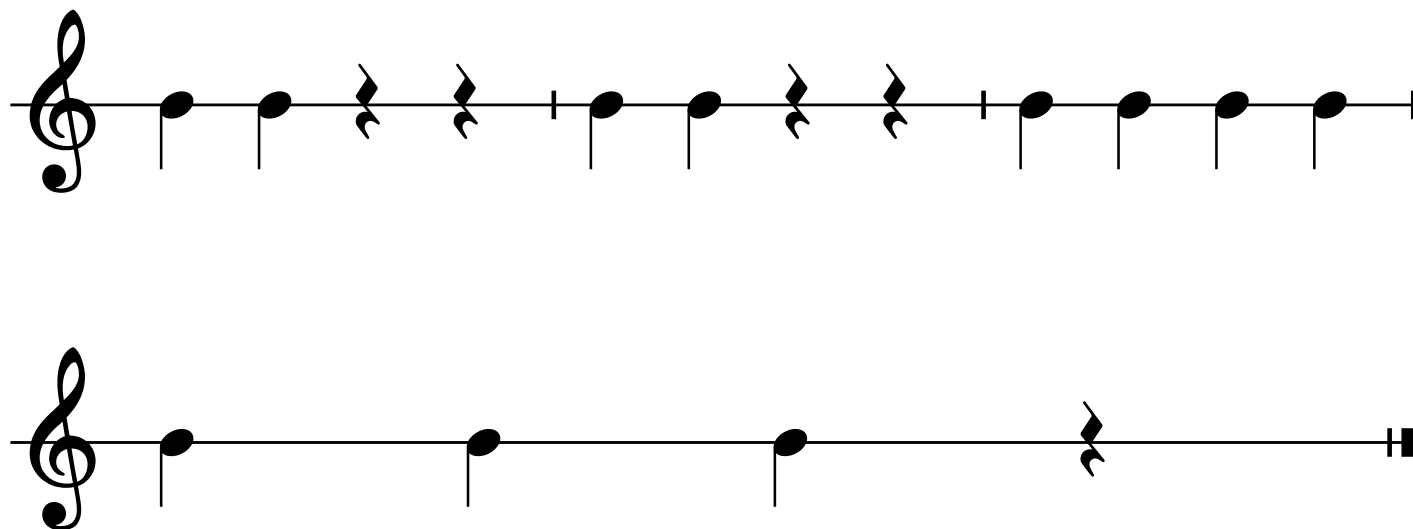
Quarter notes and rests

♩ = 1 beat note = 1 beat rest

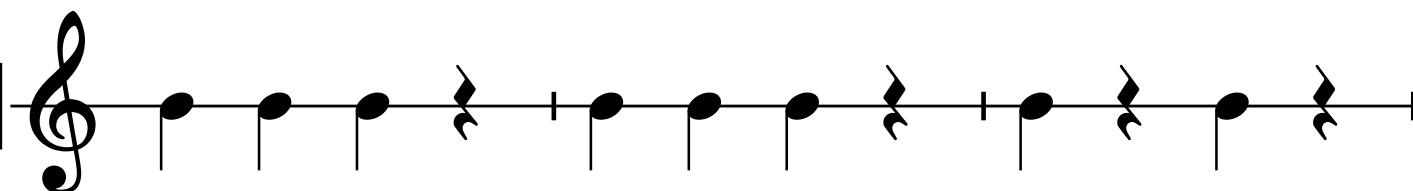
1



2



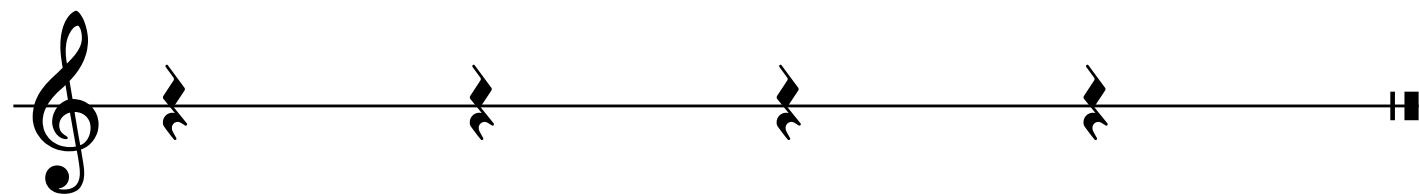
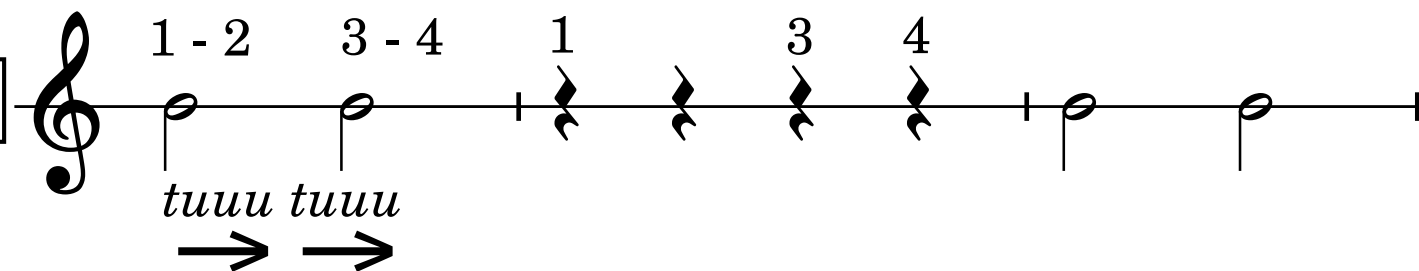
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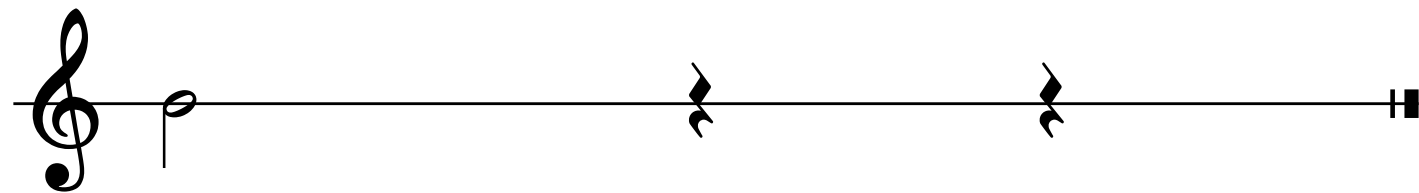
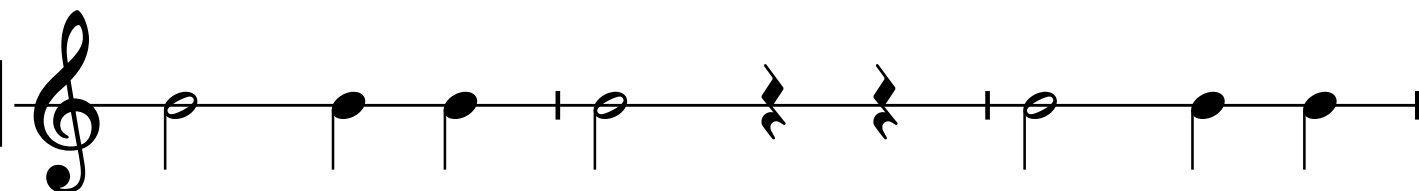
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Half notes
 $\frac{2}{\text{J}} = 2$ beat note

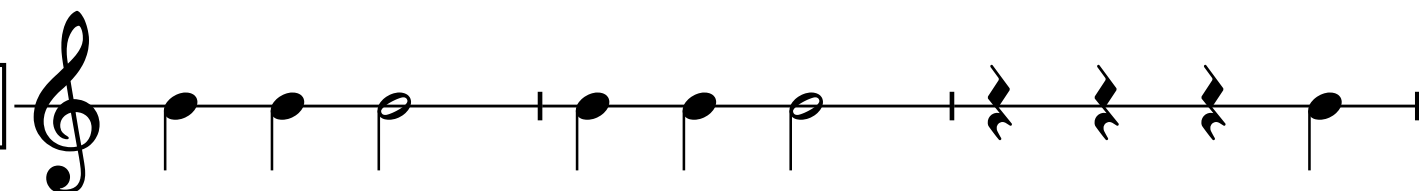
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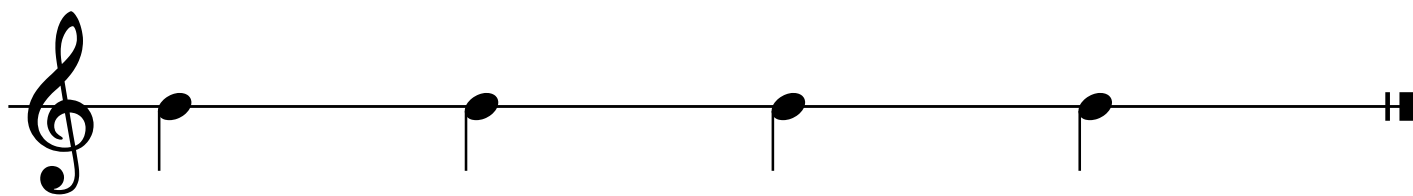
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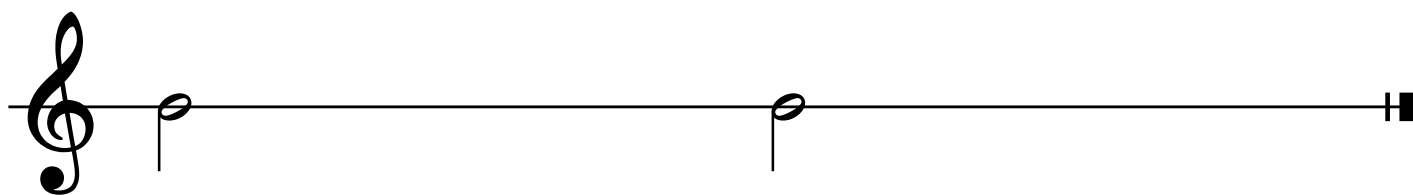
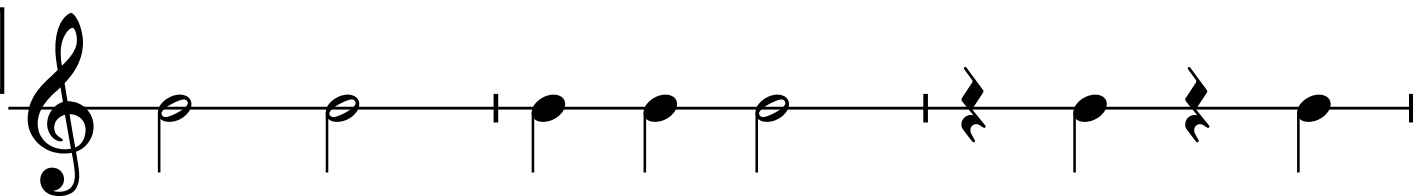
7



4



8



Whole notes
◦ = 4 beat note

9

1 - 2 - 3 - 4
tuuuuu

10

11

12